

We are moving too fast



As an early childhood educator, I'm always looking for ways to make my classroom more interesting for the children and the staff that I work with. Two of the factors that I take into consideration when planning are time and freedom. Time and freedom for thinking, wondering, imagining, investigating and reflecting have always been important for me.

Recent events related to Covid-19 have caused me to put my work on pause, now I find myself reflecting about time and freedom at home. I live with my husband and two of my three children, they are all grown up now and my oldest has moved out and has started a life on her own. When I think of time and look back on it, I feel grateful that I had the chance to be at home when my children were little. Today, all

around the globe families are asked to stay home with their loved ones as the world has been put on pause. Schools have been cancelled as well as lots of peoples' jobs. This is not a choice, but something we all have to do to keep us safe. I am hopeful that we can take this opportunity to reflect on our lives and reflect on questions like: Are we moving too fast? Are we missing out on life's little treasures because we are doing too much? Hurry up! Take a picture so we can show instead of feel. What kind of world do we want to create for our children? What is the right way to live? What is in our hearts? What might be on their hearts?



If we slow down and allow ourselves to think about these kinds of questions we might find that a lot of the things we think we need to make us happy

are not necessary. If we slow down to look into our children's hearts and souls their beauty will enlighten us. These precious little souls will have an opportunity to catch up to their bodies and the world they live in. Slow down and enjoy these moments with them, you will remember them and hold them dearly in your hearts for the rest of your lives.

